

**CENTRAL TEXAS CHRISTIAN SCHOOL**

**ATHLETICS**



**PARENT & STUDENT  
HANDBOOK**

2017-2018

*Collectively discipling and physically training students, and ministering to coaches and others by acknowledging God's glory through competition without compromise.*

our athletes.

## LETTERING POLICY

**Football, Basketball** - Participates in at least 50% of quarters played by the varsity team or in the opinion of the head coach have made a major contribution to the team (The latter subject to the approval by the Athletic Director). Attends at least 90% of in-season practices/workouts. May not be ineligible for more than 3 weeks of the varsity season.

**Volleyball** - Participates in at least 50% of games (not matches) played by the varsity team or in the opinion of the head coach have made a major contribution to the team (The latter subject to the approval by the Athletic Director). Attends at least 90% of in-season practices/workouts. May not be ineligible for more than 3 weeks of the varsity season.

**Baseball** - Participates in at least 50% of innings played by the varsity team or in the opinion of the coaches have made a major contribution to the team (The latter subject to the approval by the Athletic Director). Attends at least 90% of in-season practices/workouts. May not be ineligible for more than 3 weeks of the varsity season.

**Track** - Participate in at least 50% of all varsity level meets and score six points accumulative for the competitive year or one point at the district track meet. Attends at least 90% of practices/workouts. May not be ineligible for more than 3 weeks of the varsity season.

**Cheerleading** - Attends 90% of all practices. Participates in 90% of games assigned by cheerleading coach that they are eligible to cheer in. May not be ineligible for more than 3 weeks per athletic season.

**Student Trainer/Managers** - Participate in the program for two consecutive years working on the varsity level. It will be left up to the discretion of the Athletic Director to award these participants. Exception will be made for seniors who are in a first year of participation as a manager.

### Special Provisions -

A senior participant who is on the varsity squad and has not met the quarter participation requirements, but has met all practice and eligibility requirements during his/her senior varsity season may be awarded a letter jacket **at the discretion of the Athletic Director**.

Any athlete that did not meet participation requirements due to injury or illness that would have otherwise lettered may be awarded a letter jacket **at the discretion of the Athletic Director**.

Anyone who does not meet the participation or practice requirements because of conflicts while participating in multiple CTCS sponsored extra-curricular activities may receive a letter jacket **at the discretion of the Athletic Director**.

**Definition of Participation** - Receiving **playing time** in a **varsity level** competition. Suiting up and being on the sideline is **not** defined as participating. Playing time on the JV level is **not** considered varsity participation.

\*\*\*Final say in regards to all lettering will be left up to the discretion of the Athletic Director.

\*\*\*Letter jacket will be provided for first time lettermen by Central Texas Christian School.

\*\*\*Letter jackets remain the property of Central Texas Christian School and can be revoked in instances where student/athlete is removed from Central Texas Christian School.

## Kingdom Athletics Handbook

Dear Parent,

Our athletic program has three main goals: honor God, represent family, and honor CTCS. We aim to help our young people develop an internal strength that can only be attained if our athletes are resolute in their Christian beliefs, commitment, character, and integrity. Athletics teaches and instills courage and resiliency both on the field and in their Christian faith.

Part of being a CTCS athlete is to be strong in Christ, recognizing as Paul did, that we can do all things through Christ who strengthens us (Philippians 4:13). Our athletic program intends to teach our athletes that when we have an unwavering trust in God, anything is possible.

I consider my position at CTCS one of servant leadership, allowing me to model what it means to be fully committed to excellence, and putting Christ at the forefront of everything we do. I am looking forward to a wonderful year for TCS and the athletic program.

Go Lions!

Jeremy Calahan

Athletic Director

# KINGDOM ATHLETICS

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Disciplinary issues that do not fall into the previously mentioned categories will be enforced at the head coach level. Disciplinary tactics used at the head coach level may include but are not limited to the following....

- Extra conditioning
- Team apology
- Removal of starting positions
- Quarter or half suspension
- Game or event suspension
- Written and verbal apologies to individuals

## DISCIPLINE MANAGEMENT PLAN

The following discipline management plan will be enforced at the administrative level of the athletic department.

The disciplinary system noted below will be consistent throughout Lion and Lady Lion Athletics; however the physical consequences are at the discretion of the coach currently in direct leadership over the athlete.

Levels of offense are determined by administrative action taken. The athletic consequences will be directly tied to the administrative step program (The Step Program details are in the Student/Parent Handbook). Relevant disciplinary actions are listed below.

### Category A

- ◇ Definition: General Misconduct including issues that do not place an athlete on the step program, as well as issues that place athletes on Steps **one** or **two** of the step program.
- ◇ Consequences:
  - Athlete/Coach conference
  - Whatever physical discipline coach assigns
  - May include one event suspension at the discretion of Athletic Director.

### Category B

- ◇ Definition: Misconduct that places an athlete on step **three** of the step program.
- ◇ Consequences:
  - Athlete/Athletic Administrator/Coach conference
  - Phone call to parents
  - Physical discipline assigned by head coach
  - One or two event suspension at the discretion of Athletic Director

### Category C

- ◇ Definition: Misconduct that places an athlete on step **four** of the step program
- ◇ Consequences:
  - Athlete/Athletic Administrator/Coach conference
  - Phone call to parents
  - Physical discipline assigned by head coach
  - Suspension from next 2 home games
  - May not travel with team to away games until such a time that athlete drops to step 3.

### Category D

- ◇ Definition: Misconduct that places an athlete on steps **five** or **six** of the step program.
- ◇ Consequences:
  - Athlete/Athletic Administrator/Coach conference
  - Removal from athletic department until such a time that athlete returns to step 4 or lower.

## KINGDOM ATHLETICS

### *Mission:*

*Collectively discipling and physically training students, and ministering to coaches and others by acknowledging God's glory through competition without compromise.*

### *Purposes:*

Discipleship  
Physical Training  
Ministry  
Competition

### *Core Values:*

Grounding in God's Word  
Commitment  
Responsibility  
Unity  
Discipline  
Respect  
Integrity

## TAPPS

Fan Behavior  
(Summary)

Fans should:

- Always set a **POSITIVE** example.
- Exhibit **RESPECT** for the Contest Officials **AT ALL TIMES**.
- Exhibit **RESPECT** for the Opposing Team **AT ALL TIMES**.
- Exhibit **RESPECT** for the Coaches and Players **AT ALL TIMES**.
- Not cheer against your opponent.
- **DISPLAY ACTIONS** that demonstrate PRIDE in their school and beliefs.
- **USE WORDS** that demonstrate PRIDE in their school and beliefs.
- Never use profane or inappropriate language.
- Know and have an appreciation of the rules of the game.

The TAPPS Motto: Competition with Honor should play out and be evident on the fields, the courts, the sidelines, and the stands during **every** contest.

Make sure you understand the TAPPS rules regarding:

- **Student Eligibility**
- **Student Physicals**
- **Concussions**
- **Steroid Use**
- **Player Conduct**

Visit <http://www.tapps.net/Education.html> for more details.

**CHEER HARD**  
**CHEER LOUD**  
**SUPPORT YOUR TEAM**  
Make a **POSITIVE** Difference

## PRACTICE

Practice times are established based on availability of facilities and the coaches' schedules. Varsity fall sports begin before the school year starts. Practices will end at various times due to location and availability of facilities.

## SCHEDULING

All games and meets are scheduled through the Head Coach and approved by the Athletic Director and Head of School. Game dates and times are established yearly based on availability of facilities.

## STRENGTH AND CONDITIONING

All High School athletes (boys and girls) will be required to participate in the Kingdom Athletic weight training and conditioning program during their season, as well as during their off-season or seasons. This is not up to the preference of the athlete or the athlete's family.

All Middle School athletes (boys and girls) will be required to participate in the Kingdom Athletic weight training and conditioning program during their off-season. If their in-season coach desires to do strength training in season, he or she needs the freedom to do that as well. This is not up to the preference of the athlete or the athlete's family.

## VARSITY SELECTION

If there are enough athletes per sport to field a junior varsity and a varsity squad, selection for the varsity team will be competitive. Tryouts will be judged by the skill level of players involved. Character will be taken into account as well, but will not be the sole indicator. We use a cross bar character expectation are now on even footing. Once that is established the skill level of athletes determines their playing time and positions.

# TAPPS

## Prohibited Activities

### FREEDOM TO PARTICIPATE

Student athletes that have made a commitment to a team that are academically eligible by school standards, and have not been suspended from athletic competition by the school or athletic department, are expected to fulfill their commitment to all workouts and competitions. Please do not withhold your child from competition for grades if he or she is eligible by school standards.

If there are disciplinary issues that you are dealing with at home, please talk to us about them instead of pulling your child off of the team for a duration of time. We can come along side of you and assist in discipline. We have found that involving the coach with disciplinary issues you are struggling with can be much more effective than removing your child from the guidance and instruction provided by coaches and sports.

### PARENT COACHING

Coaches need freedom to teach athletes the techniques and skills they deem necessary for the betterment of their program. Please allow them to do this without negating the things they are teaching.

Please do not coach your child from the bleachers. This creates a terrible dilemma for athletes, as they do not know who to listen to.

### PLAYING TIME DISTRIBUTION

Varsity Level: Varsity level sports are competitive by nature. Therefore playing time is not guaranteed to athletes on the varsity teams. Coaches must have freedom to distribute playing time in such a way that creates the best opportunity for team success. Playing time will not be given to athletes that are academically ineligible. Disciplinary issues and academic ineligibility will also impact the playing time of a varsity athlete.

Junior Varsity Level: Junior varsity sports are competitive, yet still developmental as well. Playing time is still not guaranteed to each athlete, however, coaches will attempt to give all athletes an opportunity to play and improve throughout the season. Disciplinary issues and academic ineligibility will also impact the playing time of a varsity athlete.

Middle School Level: Middle school sports are developmental by nature. Every athlete will be given the opportunity to play in every game barring ineligibility or disciplinary issues. However, distribution of minutes is entirely up to the coach.

### POSITIONS AND EVENTS

Coaches must have freedom to place athletes in positions/events that he or she feels best for the team. Athletes are expected to play the role assigned to them barring any physical injury that prohibits them from participating in that activity.

Preclusions: Injuries may preclude an athlete from playing particular roles or competing in particular events. If an athlete has an injury that keeps them from performing their assigned role and tasks, a parent note will be accepted for the first 3 days. After 3 days a Doctor's note will be required as severe injuries must be dealt with medically to ensure the health of

Live animal mascots, cannons, firearms, fireworks, etc. are prohibited at TAPPS athletic contests.

No dogs or other animals are allowed at TAPPS contests.

Noisemakers are prohibited at TAPPS events held in **field houses / gyms**.

In events held in **field houses / gyms**, megaphones may be used only by cheerleaders in uniform. Megaphones must not be used to strike walls, bleachers, or playing surfaces.

Bands, when permitted, shall play only during time-outs and intermissions. Individual instruments may not be used as noisemakers.

No sound systems, other than the one (s) provided by the host school are allowed at TAPPS Secured sites or at **neutral sites** unless mutually agreed.

Body paint and like decoration shall not be permitted by players or spectators. (Exception: Small markings as sold by cheer or other school organization on the cheek are permitted)

This rule applies to all games held at **neutral sites**. If a TAPPS school is not going to permit this activity at their facility, the opponent should be notified in advance of the contest.

Streamers, confetti or other such materials are not allowed at **neutral sites**.

Air horns and bullhorns, handheld or otherwise, are not permitted at any TAPPS contest.

The use of, or appearance of using, any controlled substance (alcohol, drugs, etc.) before, during or after games at contest sites is prohibited by TAPPS.

Except in their normal course of business, emergency vehicles shall not flash lights or sound sirens during the course of a game.

## REQUIREMENTS

Participation in athletics develops the Student mentally, physically, socially, and spiritually. The activities of the athletic department are a part of Central Texas Christian School's total educational program of affirming and challenging a Student's potential. All participants are expected to strive for Christ-like character just as they do during the school day. The standards of conduct apply to practice sessions, home and away games, and any other time the Student is representing the school. All Students represent CTCS at sporting events, whether on the field or in the stands; so, one's conduct needs to reflect Christian sportsmanship toward the opposing team(s) and toward the Officials.

Participation at CTCS in team and individual athletics is a privilege and not a right. Team and individual athletics is offered for both boys and girls at different class levels depending upon the athletic event. It is the goal of the athletic program to promote fitness, teamwork, and sportsmanship while reinforcing the Christian principles that are central to CTCS. In the younger grades, emphasis will be placed on participating and developing the skills of the contest. In the older grades, greater emphasis will be placed on winning the competition; and as such, the opportunity to participate will be equal but the level of participation by individual students may not be equal.

All Central Texas Christian School sports are governed by the rules of the Texas Association of Private and Parochial Schools (TAPPS).

### REQUIREMENTS

Requirements for participation in the Athletic Program include the following:

1. **Ensure that all required paperwork is on file in the Athletic Office.**
  - a. Obtain an annual Pre-participation Physical Evaluation Physical Exam (1 page)  
*This may be performed by the student's personal physician or at the CTCS Free Physical Day in July.* <http://tapps.net/PDF/Forms/General%20Forms/PREPARTICIPATIONPHYSICALphysicalexamination.pdf>
  - b. Signed TAPPS Acknowledgement of Rules (2 pages)  
<http://tapps.net/PDF/Forms/General%20Forms/studentacknowledgmentofrules.pdf>
  - c. Signed TAPPS Pre-participation Physical Evaluation Medical History (2 pages)  
<http://tapps.net/PDF/Forms/General%20Forms/PREPARTICIPATIONPHYSICALMedical%20History.pdf>
  - d. Signed TAPPS Pre-participation Physical Evaluation Medical History (2 pages)  
<http://tapps.net/PDF/Forms/General%20Forms/PREPARTICIPATIONPHYSICALMedical%20History.pdf>
  - e. Signed TAPPS Steroid Use Agreement Form in this Handbook (page 10)
  - f. Signed Covenant Page in this Handbook (page 11)
  - f. Provide proof of health insurance that includes emergency treatment of injuries.

*\*Note: Students will not be allowed to participate in PRACTICES or GAMES until they have completed the enrollment process with the Admissions Office and all of the above mentioned paperwork is on file in the Athletic Office.*

2. **Maintain Academic eligibility as outlined in the CTCS Parent/Student Handbook.**
3. **Payment of Participation Fees, if applicable.**

## POLICIES

### ATHLETIC PERIOD

All athletes, no matter how many sports they participate in, are required to be enrolled in the athletic period for the duration of the school year.

### DISCIPLINE

Discipline will be enforced in regards to conduct, responsibility, and other areas deemed necessary by the athletes coach. Coaches must have freedom to discipline athletes as they feel necessary.

### ELIGIBILITY

Eligibility is an important factor in the athletic program of Central Texas Christian School. It is our desire that Students do well in their studies, and therefore, when grades seriously drop, the ineligibility system serves as a reminder to Students to keep a healthy balance between school work and other activities. If a Student is deemed ineligible, he/she may practice but will not participate in athletic competitions.

Eligibility will be assessed every three weeks during the grading periods.

An athlete must maintain an average of 70 or above in each class to remain eligible for competition in an extra-curricular activity. If an athlete does not maintain an average of 70 or above in all courses, he or she will adhere to the following guidelines.

1. At the end of 9 week grading period athletes failing 2 or more classes will be ineligible for the duration of 3 weeks at which point grades will be reevaluated. If at that point the athlete is passing all classes, he or she is once again eligible for competition.
2. Eligibility Reports go out on Mondays. Term of ineligibility will be from the Monday of the Eligibility Report until the Monday of the next grade reporting period.
3. Grades will be checked the end of each 9-week grading period for failures & ineligibility. If a student is failing two or more classes, he or she is ineligible until the next check point 3 weeks later. If a student is still failing two or more classes, he or she will remain ineligible until the next 3-week check point. When a student is passing at the 9-week grading period or at 3 week check points, he or she will remain eligible until the next 9-week grading period check. At the end of the first semester, ineligibility begins at the start of academic classes in January. In order to encourage and support student success, grades will also be checked at the 6-week check point for all students. An ineligible athlete may not leave school early to go watch the game in which his or her team is playing.
5. Athletes with failing grades at the 6-week check point are required to attend before school tutoring/study hall. This opportunity is also open to any student with failing grades. (Teacher tutoring is also available to all students per each individual teacher's tutoring schedule.) Eligibility rules will be strictly enforced. Under NO CIRCUMSTANCES will an ineligible athlete be allowed to participate for the duration of his or her ineligibility.
6. An athlete deemed academically ineligible may not ride with his or her team to or from the extra-curricular activity which he or she is involved in. This includes any and all riding arrangements. If a team is carpooling, the ineligible athlete may not ride in a car with any other athletes going to the game.







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LION ATHLETICS COVENANT

*Competition without Compromise*

I acknowledge that I have read and am submitting myself and my child to all things set forth in the Kingdom Athletic Handbook.

**Pull out and turn this page in to Athletic Office**

Parent:

\_\_\_\_\_  
Printed Name                      Signature                      Date

Athlete:

\_\_\_\_\_  
Printed Name                      Signature                      Date